

Fairfax-Falls Church Community Services Board
April 26, 2017

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Gary Ambrose, Chair; Daria Akers; Basilio ‘Sonny’ Cachuela Jr., Ken Garnes, Sheila Coplan Jonas, Kat Kehoe, Suzette Kern, Bettina Lawton, Molly Long, Paul Luisada, Sarah Meiburg, Edward Rose, Diane Tuininga, and Jane Woods

The following CSB member was absent: Lori Stillman

The following CSB staff were present: Tisha Deeghan, Daryl Washington, G. Michael Lane, Lucy Caldwell, Jean Hartman, Marisa Farina-Morse, Evan Jones, Lakeisha Kennedy-Flores Mark Blackwell, and Lyn Tomlinson

1. Meeting Called to Order

Gary Ambrose called the meeting to order at 5:03 p.m.

2. Recognition

Gary Ambrose welcomed Delegate Mark Keam, following which; the chair was relinquished to Vice Chair Suzette Kern.

Delegate Keam, noting sponsorship by Senators Janet Howell and J.C. ‘Chap’ Petersen presented Mr. Ambrose with House Joint Resolution No. 771, commending his previous receipt of the Gartlan award and for Mr. Ambrose’s exceptional advocacy efforts, highlighting his work on Diversion First. Mr. Ambrose warmly thanked Delegate Keam for the honor, acknowledging his gratitude to the CSB for providing an opportunity to participate and effect change in the lives of the individuals touched by the CSB.

Following the presentation, the gavel was returned to Mr. Ambrose.

3. Matters of the Public

There were no matters presented.

4. Amendments to the Meeting Agenda

The agenda was reviewed and accepted as presented.

5. Approval of the Minutes

Suzette Kern made a motion for approval of the March 22, 2017 Board meeting minutes of the Fairfax-Falls Church Community Services Board as presented, which was seconded and passed.

6. Matters of the Board.

Bettina Lawton reported recently attending a Mental Health First Aid training, recommending that any interested board members would find the training valuable.

Molly Long reading from an email sent by Braddock District Supervisor John Cook to his constituents noted the communication focused on budget guidance with key language advising caution related to budget planning for subsequent fiscal years. Also noted was Supervisor Cook's strong support of Diversion First.

Jane Woods offered an update to some recent activities to include the following:

- Delegate Eileen Filler-Korn is a recent and most welcome addition to the Suicide Advisory Council for Suicide Prevention Alliance Network (SPAN).
- Some concern has been expressed at the timing of the release of the Netflix series "13 Reasons Why" as the series appears to sensationalize suicide and could influence younger viewers who may be struggling with school ending soon. A webinar to combat the possible effects is being disseminated to parents, school systems, and youth organizations in Northern Virginia including alerting the involved adults to be attentive to concerning behaviors.
- The Total Housing Reinvention for Individual Success, Vital Services, and Economic Empowerment (THRIVE) Advisory council, works as advisor to the Fairfax County Redevelopment and Housing Authority. It was reported that prior planning for allocation of federal housing vouchers and support of the Moving to Work designation for self-sufficiency is not funded in the introduced federal budget. If the federal budget is approved as introduced, it is likely that, to remain solvent, plans for individuals currently in housing may include limited cost sharing, including for the elderly and disabled. It was noted there are some hardship exemptions available.

Gary Ambrose reported attending the April 25th Human Services Council meeting. A main topic was the development of a Strategic Resource Plan for funding needs in connection with the Human Services Needs Assessment. Since funding is unavailable to conduct the prioritization via contractor, it will be conducted in house. With a target completion date of 150 days, the Human Services Council will explore sourcing the needed resources from Boards, Authorities, and Commissions (BACs) to assist with drafting the assessment; if any board members are interested in participating, please alert Mr. Ambrose.

A brief discussion suggesting scheduling a board retreat to orient all board members to key issues was offered, with a Saturday in September or October recommended.

7. Committee Reports

A. *Behavioral Health Oversight Committee:*

Diane Tuininga reported on the April 12th meeting. Some highlights included:

- Gratitude was offered to Daryl Washington for arranging representative from several agencies to attend the meeting. A variety of information was conveyed in an in-depth and lengthy discussion on the Opioid and Heroin Epidemic. Some information included the following:
 - Ginny Atwood with the Atwood Foundation reported legislation has been enacted to allow trained persons to administer the medication Naloxone; finalization of the procedures and protocols by the Virginia Board of Pharmacy is pending.
 - Additional information relayed on substance abuse treatment included an overview of outpatient treatment provided by the CSB, highlighting a holistic, more flexible, client-centered treatment approach.

- It was further noted that that INOVA Behavioral Health Services, now an Addiction and Recovery Treatment Services (ARTS) provider, is also providing Intensive Outpatient (IOP) treatment.
- REVIVE training is being offered in the community, noting that one location is the Northern Virginia Community college (NOVA).
 - In response to an inquiry, Ms. Tuininga, acknowledging there are two means of administering the medication Naloxone, including injection and nasal aspiration, will investigate costs related to accessing the medication and to type.
- Second Lieutenant Jimmy Cox with the Fairfax County Police Department, Domestic Violence Division provided an overview of the police response to a call for assistance with an overdose also reporting that most Urgent Care facilities are not equipped with the antidote drug, Naloxone.
- The date and location for the Wellness and Recovery Conference was announced. It will be held Friday October 20, 2017 at the Fairfax County Government Center.
- Ms. Tuininga reported serving as the Behavioral Health Oversight Committee (BHOC) chair for two years/sessions. As the CSB Bylaws require a chair to serve no more than two consecutive terms, Ms. Tuininga will be stepping down in June. Any board members interested in serving as chair for this committee are encouraged to contact Ms. Tuininga who offered to co-chair for a time to provide a seamless transition.

The next meeting is Wednesday, May 17, 6:00 p.m. at the Merrifield Center, Level 3-Room 409A. Please note the change to the date and time.

B. Fiscal Oversight Committee:

Ken Garnes, noting the meeting was held this past Friday, April 21st, provided the following updates:

- No material changes in financial status were reported.
- General Merit Vacancies held steady at 143, which is 43 over the Vacancy Breakeven Point (VBP).
- In expectation of a positive YE balance, staff is working to identify FY 2018 one time needs not included in the FY 2018 budget.
- Human Resources update focused on ongoing efforts to fill critical positions, emphasizing that all Diversion First positions have been filled.
- Daryl Washington presented a brief update on Diversion First, highlighting the anticipated approval of an additional \$1.95M in the FY 2018 budget. *Note: The Board of Supervisors (BOS) met April 25th for the Budget Markup which included approval of the requested Diversion First funding.*
- Mr. Garnes highlighted three new standing agenda items (listed below). The information relayed for each item will be reported to the full board at the board meeting following later that same month.
 - *Time to Treatment*; a workgroup led by Daryl Washington and attended by Suzette Kern and Mr. Garnes has been formed to track and monitor changes to wait times. Results from this group will provide updated information to the Fiscal Committee. Recognizing there are many

variables that may affect the time between initial assessment and the initial treatment appointment, Ms. Kern provided a draft chart that will be revised following committee feedback to include age (adult or youth), preferred location and/or language. The chart will be revised as further data point variables are identified.

- *Priority Populations*; Utilizing community, staff, and board input, the Priority Populations Access Guidelines are being reviewed for amendment by a workgroup hosted by Daryl Washington and attended by Suzette Kern and Ken Barnes. Policy No. 0030, Priority Access to CSB Services, last updated in 2014, also needs amended to update language and clarify priority access to services, particularly for those not familiar with the process. Once completed, the revised documentation will be presented to the board and put out for public comment prior to approval and implementation.
- *Budget Discussion and Strategies*; Regular budget updates will be provided to include county, state, and federal decisions on funding, updates to county budget guidance, projections and planning. Of primary interest is the county budget guidance as it provides two-year projections and helps to inform CSB budget decisions and planning. The information provided in this meeting focused on the Capital Improvement Plan (CIP) highlighting CSB Board involvement and actions.
- Due to a conflict with the October 2017 Wellness & Recovery Conference, the October Fiscal Oversight Committee meeting will be moved. The revised meeting information will be shared once identified.

The next meeting is Wednesday, May 19, 9:00 a.m. at the Pennino Building, Room 836A.

C. Legislative Committee:

Kat Kehoe, offering a reminder that there will be no April or May meeting, provided the following information:

- In follow up to positive remarks by Delegate Mark Keam following his tour of the Merrifield Center, it was suggested that an invitation be issued to all Virginia General Assembly Legislators. It is hoped that familiarity with the array of services provided by the CSB and partners and the environment in which they are provided will prompt increased support of the CSB, particularly during a budget cycle. It was recommended that it might prove helpful to include information on Diversion First cost savings in comparison to incarceration costs when communicating with legislators.
- A story in a local paper conveying the budget concerns of the McLean Citizens Association was supportive of the Diversion First Program and encouraged future funding support.
- Ms. Kehoe shared she will not be renewing her position on the board as her term expires in May. This notification prompted a discussion on the advisability of transitioning the Legislative Committee from a standing committee to an Ad Hoc Committee. This recommendation was met with committee and board approval. Two primary functions of the Legislative Committee are assisting with revisions to the Fairfax County Human Services Issues Paper and with drafting budget

testimony for presentation by CSB Board members at the county and state level. These annual functions will be managed by the Executive Committee, with an Ad Hoc Legislative Committee meeting called as needed.

- The 2018 Human Services Issues Paper is expected in May. It is anticipated that work on the CSB related sections will begin in earnest in June

As the committee is being transitioned to an Ad Hoc meeting, the next meeting will be called as needed.

D. Intellectual and Developmental Disability Committee:

In the absence of Lori Stillman, Suzette Kern provided highlights of recent committee activities to include:

- For those Board members who were unable to participate in the previous tour of Oak Place, a directly operated group home for individuals with developmental disabilities, staff planned for additional tour opportunities. As no board members were available to attend a tour in April, future dates will be identified and offered to the board. Board members are encouraged to participate in this tremendous opportunity.
- The Department of Medical Assisted Services (DMAS) awarded a contract for Medicaid Non-Emergency Medical Transportation (NEMT) to Medical Transportation Management (MTM) on March 17, 2017. DMAS withdrew the contract and canceled the Request for Proposal (RFP) on April 11, 2017 in response to a protest from LogistiCare, the previous NEMT provider. It was reported that DMAS would offer a new RFP in the future.
- A reminder was offered that Lori Stillman will be leaving the board and IDD Committee in June, having served on the CSB Board for 11 years. A celebration is planned for the May meeting, attendance is greatly encouraged and there will be cake.
- Planned activities for the May meeting include staff presenting on past Employment and Day Services' studies and recommendations highlighting the changes that have been implemented and considerations that were made on other items. Board attendance is welcomed and encouraged.

The next meeting is Wednesday, May 10, 5:00 p.m. at the Merrifield Center, Level 3-Room 409A. Please note the change to the meeting schedule in accommodation of the VACSB Conference May 3rd – 5th

8. Information Item

A. CSB Officer Nominating Committee

Gary Ambrose proposed appointing the following board members to the FY 2018 CSB Officer Nominating Committee; Ken Garnes, Lori Stillman and Sarah Meiburg. A motion was offered, seconded, and passed.

CSB Board members interested in serving as a CSB Board officer should contact any of the three members appointed to the nomination committee prior to the May 24th CSB Board meeting. A reminder was offered that approval of new officers is offered for vote at the June board meeting.

B. Establish CSB Ad Hoc Fee Committee

Providing a brief history of the annual appointment of an Ad Hoc Committee to review CSB fee policy, procedures, and fees schedule, nominations to this year's committee are Gary Ambrose as Chair, Suzette Kern, and Jane Woods.

Suzette Kern moved that the CSB Board approve establishing the committee as presented which was seconded and carried.

9. Directors Report

Tisha Deeghan reported several upcoming events to include:

- Board members were encouraged to attend the Spirit of Excellence and Honors Awards Ceremony at the Government Center, April 27, 2017. There is a reception at 9:30 a.m. followed by the ceremony at 10:00 a.m. in the board Auditorium.
- A reminder was offered for the Community Conversation: Detecting and preventing suicide risk among youth; Thursday, April 27th, 1:30 p.m. to 4:00 p.m. at the Virginia Hills Center in Alexandria. Hosted by CSB, and NEXUS, Committee of the Advisory Board to the CSB's Gartlan Center. The guest speaker is Lisa Horowitz, Ph.D., MPH from the National Institutes of Mental Health (NIMH). The event will feature a panel of experts to include staff from Fairfax County Health Department, Fairfax-Falls Church Community Services Board, Fairfax County Public Schools, Fairfax County Department of Neighborhood & Community Services, and from the Children's Behavioral Health Systems of Care. More than 100 attendees have registered to attend this free event that is open to the public.
- Following up on remarks made earlier by Jane Woods, Ms. Deeghan confirmed heightened concern over possible influence on youth by the Netflix series "13 Reasons Why" highlighting that Fairfax County school officials are contacting parents and guardians with suggested talking points for discussing the series following viewing by their child.
- On Tuesday, May 2, 2017, 9:30 a.m., at the beginning of the BOS meeting will be a proclamation declaring May 2, 2017 Children's Mental Health Awareness Day. Jeanne Comeau with the National Alliance on Mental Illness (NAMI) and Tisha Deeghan will be on hand to accept the proclamation.
- As mentioned at the last board meeting, CSB News was replaced by a CSB Blog. As the blog is an internal FairfaxNet feature, board members do not have access. To update the board on CSB activities highlighted on the blog, several handouts printed from the blog were provided in the board packet. It was further noted that some information is also available on the CSB Facebook and Twitter pages.
- Several budget updates include the following:
 - Board members were encouraged to view the recorded April 25, 2017 budget markup meeting, which is available on the Fairfax County Board Meeting page. The video lasts approximately 2 hours and provides insight into future budget planning priorities which are relayed with an overall message of constraint in future budget planning.
 - Noting that feedback related to the CSB was primarily positive, it was confirmed that the Community Readiness and Support Program (CRSP) was restored in the FY 2018 budget at Markup.
 - Referring to the FY 2018 Budget Markup Process and FY 2019 Budget Plan Recommendations sent to board members earlier this month, Ms. Deeghan

encouraged members to review the Budget Guidance for FY 2018 and FY 2019 as information on the possible impact of Metro funding, federal actions, and a new Governor is included.

- A reminder was offered that the Board of Supervisors meeting for Public Comment and Adoption of the FY 2018 Budget is Tuesday, May 2, 2017 at the Government Center.
- The CSB has been asked to update the BOS in September with the status of DD Waiver Redesign and the impact on the Employment & Day Services Line of Business (LOB). That update will serve to inform the BOS' decision-making for FY 2019. The County Executive was directed to fund fully Employment & Day Services in the FY 2019 Advertised Budget consistent with the direction to be provided by the BOS at that time. Board members, taking note of this, requested a preview of the update at the August CSB Board meeting and prior to presentation to the BOS in September.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 6:04 p.m.

Actions Taken--

- ◆ The March 15, 2017 meeting minutes were approved.

May 24, 2017

Date



Staff to Board